

Press Release

Organized by



HKU
SWSA

Department of Social Work and Social Administration
The University of Hong Kong
香港大學社會工作及社會行政學系

Funded by



The Hong Kong Jockey Club Charities Trust

Online Survey on Mental Health Literacy and Help-Seeking for Women with Reproductive Health Issues in Hong Kong

Appendix I

Jockey Club Perinatal Bereavement Care Project Website

Website: <https://www.jcperinatal-bc.hk/en>

Peer sharing

So Man: The Importance of Support from Healthcare Staff and Family Members

When So Man was seven-month pregnant, she suddenly found no movement from Shi Zhou all day long. She went to the hospital for a checkup as soon as possible, but in return, the doctor said, "I can't find the baby's heartbeat, but it doesn't matter, you are still young and can have another baby soon." In fact, whether young or not, a little life is priceless. During the sad days, the healthcare staff gave me enough time to spend with my baby. The company of my family and the affirmation of Shi Zhou's presence helped me to pass through this difficult time.

Sharon
The Footprint of the Angel Baby

Mr. Fung
You Can Express Your Remembrance in Your Own Way

沒有留意她的動作
to pay attention to her movements.

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Online learning platform for Helping Professional

Membership Page Content:

Communication and Bereavement Support after Pregnancy Loss

In this section, you will gain deeper insights into the unmet needs and the communication skills with the bereaved parents who have experienced pregnancy loss, and how to provide bereavement care for them. Finally, there are also self-care techniques for helping professionals.

Understanding the grief after pregnancy loss (I)

Understanding the grief after pregnancy loss (II)

Sharing of experiences by eight parents who have experienced pregnancy loss - i. SoMan: Support from healthcare professionals and family members is crucial

Sharing of experiences by eight parents who have experienced pregnancy loss - Mr Fung: Expressing grief in your own way

Sharing of experiences by eight parents who have experienced pregnancy loss - Stella: Recognizing the identity of the miscarried infant and the mother

Sharing of experiences by eight parents who have

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Appendix II
 “Parents Too - Pregnancy Loss Week” Awareness Campaign

Activity Calendar

Jockey Club
 Perinatal Bereavement Care Project
 賽馬會「小足·福」失胎支援計劃

#我們都是父母
 #ParentsToo

失胎關注週

2023年10月6日 (星期五)
 香港婦女生育與精神健康及求助歷程研究新聞發報會

2023年10月6日 - 10月15日
 懷緬祝福箱製作

2023年10月7日 (星期六)
 14:00 - 21:00
 心靈療癒 - 森林浴土窯營

2023年10月7日 (星期六)
 14:30 - 16:30
 從心得力 - 復元之旅工作坊

2023年10月10日 (星期二)
 20:00-21:00
 線上講座 (Facebook) - 愛與痛的邊緣

2023年10月13日 (星期五)
 10:00-13:00
 失胎父母的哀傷關顧：伴渡療癒之路 - 為失去胎兒的父母創建優質心理社交支援研討會

主辦機構
 HKU Department of Social Work and Social Administration
 香港大學社會工作及社會行政學系
 WCA 女青 家庭健康促進中心 Family Wellness Centre
 香港明愛 Caritas 恩賜·明愛失胎支援中心
 香港賽馬會慈善信託基金 The Hong Kong Jockey Club Charities Trust

Greeting card

好多個晚上都睡不好，心不能靜下來...

為甚麼是我？

為甚麼是我？

為甚麼是我？

為甚麼是我？

為甚麼是我？

是不是我

做錯了甚麼？

為甚麼是我？

為甚麼是我？

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我明白大家的安慰，但現在我最需要的，是「同理心」，不是「同情心」。

有朋友小產了三次，她好勇敢，繼續試。

不要不開心啦，時間會沖淡一切。

有人比你更可憐。

有些人連懷孕都未試過。

仲後生，好快生過個~

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